

Contact us if you would like more information, help accessing services or to schedule an appointment at one of our three locations:

Ala Moana Building

1441 Kapi'olani Blvd., Ste. 1802
Honolulu, HI 96813

and at

Kahuku Medical Center

56-117 Pualalea Street
Plantation Wing #17
Kahuku, HI 96731

and in

Aiea Town Square

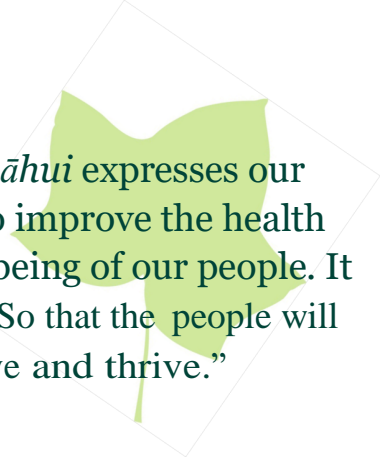
98-080 Kauhale Street
Suite C-20
Aiea, HI 96701

Phone: (808) 525-6255

Fax: (808) 525-6256

Email: info@iolalahui.org

Website: www.iolalahui.org



I Ola Lāhui expresses our intent to improve the health and well-being of our people. It means, “So that the people will live and thrive.”

The *I Ola Lāhui* mission is to provide culturally-minded evidence-based behavioral health care that is responsive to the needs of medically underserved, Native Hawaiian, and rural communities. Our services are open to everyone.



I Ola Lāhui

“So that the people will live and thrive.”



*Integrated Behavioral
Health Services*

Did you know?

- You don't need a doctor to refer you to use our services. Call us for an appointment.
- Psychologists have professional training and skills to help with physical and emotional well-being.
- Anyone can use our services. You can be any age, gender, ethnicity, or income level.
- We also work with rural, Native Hawaiian, and underserved communities to meet their behavioral health needs.
- We train psychologists in our model of care.
- Our offices are in three communities on O'ahu. Contact us if you'd like help connecting with our network of providers on other islands.
- We also have a registered dietitian and fitness classes available to support you.
- All of our locations feature free patient parking and are along the bus line.

We Can Help With...

Common Concerns

*Anxiety · Panic · Phobias
Depression · Bipolar
Trauma, Abuse & PTSD · OCD
Relationships · Caregiving · Grief
Loss & Life Changes · Parenting
ADHD · Cultural Concerns*

Health Concerns

*Diabetes · Hypertension · Chronic Pain
Epilepsy · Cancer · Aging & Dementia
Fertility, Women's & Men's Health
Enuresis & Encopresis
Coping with a Diagnosis
Adjusting to a Disability*

Lifestyle Changes

*Weight Management
Smoking Cessation
Substance Use · Insomnia
Stress & Anger Management*

*Adults · Children · Kupuna
Individual · Couples
Families · Groups*

We offer integrative behavioral health services to help with a variety of concerns for individuals, couples, families and groups, to promote overall health and well-being.

Our team of psychologists offers specialized services that are culturally sensitive and patient-centered.

We work closely with physicians and other members of your health care team to bring you the best coordinated care possible.

We participate with most insurance plans including HMSA, UHA, Quest, Aloha Care, Tricare, and Medicare. Sliding fee scale is offered for uninsured individuals.



Our Team of Licensed Clinical Psychologists:

Aukahi Austin Seabury, Ph.D.
Kelsey Fujinaka, Psy.D.
Jill Oliveira Gray, Ph.D.
Allison Hu Seales, Ph.D.
Lucas Morgan, Ph.D.