Contact us if you would like more information, help accessing services or to schedule an appointment at one of our three locations:

**Ala Moana Building**
1441 Kapi‘olani Blvd., Ste. 1802
Honolulu, HI  96813

and at

**Kahuku Medical Center**
56-117 Pualalea Street
Plantation Wing #17
Kahuku, HI  96731

and in

**Aiea Town Square**
98-080 Kauhale Street
Suite C-20
Aiea, HI  96701

Phone: (808) 525-6255
Fax: (808) 525-6256
Email: info@iolalahui.org
Website: www.iolalahui.org

---

*I Ola Lāhui* expresses our intent to improve the health and well-being of our people. It means, “So that the people will live and thrive.”

The *I Ola Lāhui* mission is to provide culturally-minded evidence-based behavioral health care that is responsive to the needs of medically underserved, Native Hawaiian, and rural communities. Our services are open to everyone.

---

*Integrated Behavioral Health Services*
Did you know?
- You don’t need a doctor to refer you to use our services. Call us for an appointment.
- Psychologists have professional training and skills to help with physical and emotional well-being.
- Anyone can use our services. You can be any age, gender, ethnicity, or income level.
- We also work with rural, Native Hawaiian, and underserved communities to meet their behavioral health needs.
- We train psychologists in our model of care.
- Our offices are in three communities on O‘ahu. Contact us if you’d like help connecting with our network of providers on other islands.
- We also have a registered dietitian and fitness classes available to support you.
- All of our locations feature free patient parking and are along the bus line.

We Can Help With...

Common Concerns
- Anxiety · Panic · Phobias
- Depression · Bipolar
- Trauma, Abuse & PTSD · OCD
- Relationships · Caregiving · Grief
- Loss & Life Changes · Parenting
- ADHD · Cultural Concerns

Health Concerns
- Diabetes · Hypertension · Chronic Pain
- Epilepsy · Cancer · Aging & Dementia
- Fertility, Women’s & Men’s Health
- Enuresis & Encopresis
- Coping with a Diagnosis
- Adjusting to a Disability

Lifestyle Changes
- Weight Management
- Smoking Cessation
- Substance Use · Insomnia
- Stress & Anger Management

All of our locations feature free patient parking and are along the bus line.

We offer integrative behavioral health services to help with a variety of concerns for individuals, couples, families and groups, to promote overall health and well-being.

Our team of psychologists offers specialized services that are culturally sensitive and patient-centered.

We work closely with physicians and other members of your health care team to bring you the best coordinated care possible.

We participate with most insurance plans including HMSA, UHA, Quest, Aloha Care, Tricare, and Medicare. Sliding fee scale is offered for uninsured individuals.

Our Team of Licensed Clinical Psychologists:
- Aukahi Austin Seabury, Ph.D.
- Kelsey Fujinaka, Psy.D.
- Jill Oliveira Gray, Ph.D.
- Allison Hu Seales, Ph.D.
- Lucas Morgan, Ph.D.